

# Martin J. Hoff, M.D., D.D.S.

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Oral and Maxillofacial Surgery

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## I.V. Sedation/General Anesthesia Instructions

1. **DO NOT EAT ANY FOOD OR LIQUIDS (including water) FOR A MINIMUM OF EIGHT HOURS BEFORE SURGERY. \*Your stomach must be completely empty for safe administration of anesthesia.**
2. A responsible person must drive you home **AND** remain with you for at least four hours after surgery.
3. Please pick up prescribed medicines before your treatment date.
4. Have plenty of liquids, soups and soft foods available for your post-operative diet.
5. Wear loose casual clothing: shirt with short sleeves.
6. Remove contact lenses.
7. Take your daily medication (as directed by the surgeon) with as little water as possible.
8. Do not smoke or drink alcoholic beverages for 24 hours prior to your surgery.
9. **DO NOT DRIVE AN AUTOMOBILE FOR 24 HOURS AFTER SURGERY!**

**If you develop fever, upset stomach, or cold prior to your surgery date, please contact the office.**

**If you need to reschedule your appointment, a forty-eight hour courtesy phone call is appreciated.**